

What can be done in school?

School Can.....

- Provide a link with the deployed parent and unit
- Provide a support network
- Provide Social Contacts
- Provide a Routine
- Keep the mind focused
- Be "haven of normality"
- Provide Consistency
- Be a source of trusted information

What can BFS Naples do to support my child/children as and when appropriate?

- Encourage a team ethic in the classroom so that the children all know they can help each other and look out for each other.
- Encourage the children to talk to adults if they need extra help or to communicate thoughts or feelings.
- A class worry box.
- Circle time.
- Personal Social Health Education Lessons; including lessons about identifying feelings and reasons for them.
- Jobs/distractions for children.
- Photographs and displays including children who have left.
- Assemblies celebrating new joiners and leavers.
- Children identified in school to ensure they get more support if needed.
- In lessons/stories e.g. literacy topic on moving.
- Curriculum events with children working in different year group combinations; International Children's Festival, Swimming, Sports Day.
- Handover sessions to new teachers including data and other information.
- Visits to new classes.
- Pupil leavers survey (July each year)
- ELSA Sessions

Useful links:

<https://www.gov.uk/government/publications/moving-school-packs>

Age appropriate books:

3-5 years - A huge Bag of Worries By Virginia Ironside.

6-12 years - What to Do When You Worry Too Much:

A Kid's Guide to Overcoming Anxiety (What to Do Guides for Kids) By Dawn Huebner.

Owen and Wemberly Worried by Kevin Henkes

Bunny Bungalow by Cynthia Rylant

<https://www.gov.uk/government/groups/the-childrens-education-advisory-service-ceas>



If you would like to discuss the BFS Transition policy, please feel free to contact the school office and we can arrange for you to speak to our school transition coordinator.

Email: naples.ictadmin@modschoools.org

Tel: (0039) 081 839 55 111



Transition at BFS Naples



What is transition?

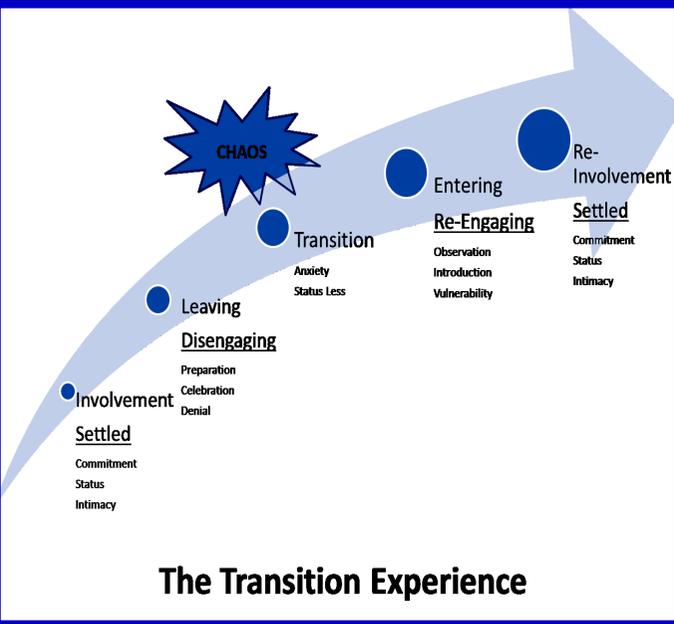
Transition can be moving to a new school, moving from one classroom to another, having a new teacher, having a friend leave or having a parent on deployment.

Every child is individual and will react to transition in their own personal way.

A lot of parents underestimate the effects of transition believing children to be resilient and the changes to be good for them and preparing them for adult life. In some cases this may be true but it is important to acknowledge the difficulties your child may be facing and the effects this may have on their behaviour, performance at school and long term ability to settle.

Why can transition be stressful?

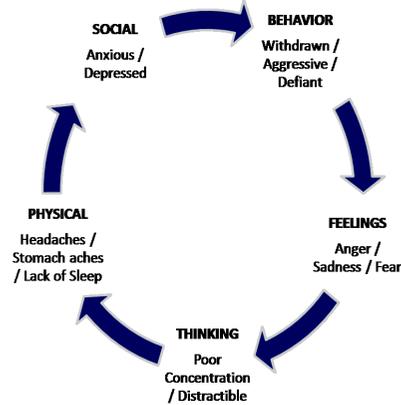
Changing schools can mean the loss of a familiar environment, relationships and routines, and for some the need to learn a new language can be challenging.



What can it mean to my children?

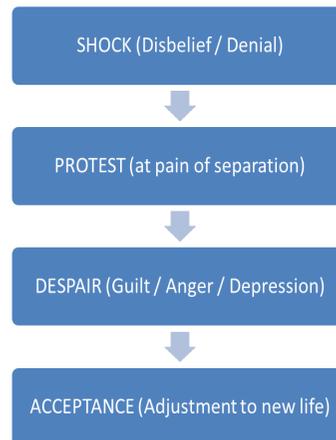
Moving schools or having a friend leave may occasionally be seen as a loss and this can result in a change in behaviour

Possible reactions to loss and sadness



Experts believe many children will go through a grieving process, so look out for these possible

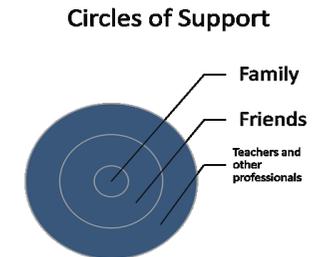
The Grieving Process



How can we help as parents?

There are can be various ways to help a child to express their feelings, these can include:

- Writing letters and poems.
- Drawing pictures.
- The need to 'do' something.
- Making a display.
- Sending off balloons.
- Creating a memory box.



When it comes to moving to a new school, consider when it is appropriate to start discussing a move with your child. It is possible that the child will disengage too early and this can affect their performance at school.

Talk to your child about how they feel, books and stories may help and are readily available to buy (see useful links on back page).

Discuss concerns with teachers who can then put into place suitable support at school.

Have a special calendar to mark off days until a move and with future events such as the first day at the new school written on them.

Encourage them to write post cards/letters/emails to friends that have left or they have left. Download the MOD children's activity book (see useful links on back page).